

MIXED
MARTIAL
ARTS CLASS

TUESDAYS 7:30-9:00 PM

THURSDAYS 7:30-9:00 PM

**\$20 A MONTH FOR
MEMBERS ONLY 18
YEARS OLD AND UP!**

**Gil's Gym & Racquet Health Club, LLC
159 Wilbraham Street (Route 20)
Palmer, MA 01069
(413) 283-4455**